

November 27, 2024

I am writing at the request of Caitlin Olafsson in support of her application for a Foundation of Advancement of Health Education scholarship. Caitlin is a junior who is on track to graduate from Gustavus next spring (2026) with majors in both Public Health and Psychological Science. I serve as her major advisor in Psychological Science and came to appreciate her work as a student in my spring 2024 Cognitive Psychology (PSY230) course. I recommend her to you as an ideal candidate for your scholarship.

Caitlin is a conscientious student who has done well in her classes. She currently has an impressive 3.9 grade average (on a 4.0 scale). As a student in my Cognitive class, I could count on Caitlin to come to class prepared to engage in the tasks at hard. It is worth noting that I require students in this course to read numerous empirical research reports, discuss them in class, and complete brief corresponding written assessments. Whereas some students are easily frustrated by these articles (they are not written for an undergraduate audience), Caitlin appeared to take the work in stride. She listened carefully to her classmates, shared some ideas with her peers, and asked questions of me when things were unclear. This suggests to me that she is both capable and appropriately collaborative, characteristics that bode well for her work as a public health educator.

In addition, Caitlin has balanced her academic work with experiences outside of the classroom. She is a dedicated member of the Gustavus softball team and has served as a personal coach for adolescents (8th-10th graders), working with them to enhance both their physical and mental well-being. That she is developing leadership skills in both contexts bodes well for her ability to serve as a future leader in issues of public health.

In short, Caitlin is a motivated, high achieving student who is committed to her academic work in both Psychological Science and Public Health. She balances this with the demands of being part of a competitive collegiate athletic team and has shown a growing potential to serve others. I hope you will find her deserving of the scholarship you offer. I am certain she will make good use of it.

Sincerely,

Jennifer K. Ackil

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Professor