

ALETA FRIEDEMANN

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245 S. 39th St.
Boulder, CO 80305

EDUCATION

UNIVERSITY OF CENTRAL ARKANSAS

Masters of Science in Health Promotion
GPA: 4.0
Anticipated Completion July 2024

KANSAS STATE UNIVERSITY

Bachelor of Science in Human Ecology
Major: Family and Consumer Sciences
Education, Teacher Licensure Program
Endorsement: English as a Second Language
GPA: 3.9/4.0
Completed May 2018

SKILLS

- Adaptability
- Empathy
- Creativity
- Communication
- Program Management
- Computer Literacy
- Organization
- Collaboration
- Problem Solving

INTERNATIONAL EXPERIENCE

ORGANIC FARM VOLUNTEER

La Flor, Costa Rica	Summer 2023
Denali, Alaska	Summer 2021
Vía, Ecuador	Summer 2019

AU-PAIR

Tampere, Finland	Summer 2018
Pontevedra, Spain	Summer 2017

ENGLISH/BIBLE TEACHER

Java, Indonesia	Summer 2016
Zambia, Africa	Summer 2012

SUMMARY

Dedicated teacher eager to contribute to community health and wellness initiatives, applying for the Dr. Marion B. Pollock Fellowship.

EXPERIENCE

FAMILY AND CONSUMER SCIENCES TEACHER GRADES 9-12

BVSD, Broomfield, Colorado 2022 -Present

- Plan and instruct units for Teen Choices and Interpersonal Relationships & Life Management.
- Educate students on topics such as human sexuality, mental health, and money management.
- Integrate different teaching techniques and activities into lessons to engage students and help them comprehend content.

FAMILY AND CONSUMER SCIENCES TEACHER GRADES 6-8

BVSD, Louisville, Colorado 2021 -2022

- Plan and instruct units and lessons for Foods, Facts, and Fun.
- Educate students on food production, safety, and preparation.
- Grocery shop and meal plan for 120 students to cook meals each week.

FAMILY AND CONSUMER SCIENCES TEACHER GRADES 9-12

KCKPS, Kansas City, Kansas 2018-2021

- Plan and instruct units and lessons for Human Growth & Development, Nutrition and Wellness, Family Studies, and Consumer Education.
- Adapt curriculum to fit the needs of a diverse population of students.

ADDITIONAL LEADERSHIP

• SPONSOR OF CLIMATE ACTION CLUB

Louisville Middle School 2021-2022

• MEMBER OF RESTORATIVE JUSTICE IN EDUCATION

J.C. Harmon High School 2020-2021

• VOLUNTEER FOR LEADERS IN TRAINING PROGRAM

Mission Adelante, KCK 2020-2021

• TEACHING ASSISTANT

Family Relationships and Gender Roles Fall of 2015