

Keenan Phillips

Community Health Education

The University of North Carolina at Greensboro, Department of Public Health Education

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EDUCATION

The University of North Carolina at Greensboro, Greensboro, NC
Master of Public Health, Community Health Education

May 2025

Appalachian State University, Boone, NC
Bachelor of Science, Psychology, Health Studies Concentration
Honors: Cum Laude

May 2023

RESEARCH EXPERIENCE

Research Assistant, Appalachian State University Psychology Department
Sleep, Health, and Development (SheD)

January 2023 - May 2023

- Examined biological, psychological, social, and contextual/cultural factors that influence academic functioning during the COVID pandemic for college students at App State, including uncovering various protective or resilience factors that might mitigate risk and negative developmental outcomes for students; short and long-term associations between biological, psychological, social and contextual/cultural processes that contribute to the development and well-being of children and adolescents.
- Executed five qualitative and quantitative analysis
- Reviewed literature to remain current with existing research
- Generated data sets, tables, and graphs to illustrate statistics and analytics components based on the academic functioning of college students during the COVID-19 epidemic

PROFESSIONAL EXPERIENCE

Student Success Coach | UNC Greensboro

August 2023- Present

Graduate Assistantship: School of Health and Human Sciences (HHS) Advising and Personal Development Center

- **Collaboration**
 - Maintain tight collaboration with academic support services, staff, and professors to guarantee a well-coordinated strategy to promote student success.
 - Work together to exchange efficient techniques with other advisors and coaches for student success.
- **Outreach and Communication**
 - Plan meetings, workshops, and other activities about public health education.
- **Career and Professional Development**
 - Provide advice and tools to help with employment opportunities, internships, and career advancement in the public health field.
- **Academic Advising**
 - Assist students with course selection, academic planning, and goal-setting by offering them one-on-one academic assistance.
- **Personal Support**
 - Attend to the interpersonal and individual problems that students may have that might affect their academic performance.

RHA Health Services, Mint Hill, NC
Direct Support Professional (DSP)

June 2023 – Present

- Individual Support
 - Provides direct care to those with intellectual and developmental disabilities in compliance with their individualized service plans.
- Personal care:
 - Performs personal care tasks, including assistance with basic personal hygiene and grooming, feeding, restroom, ambulation, medical monitoring, and healthcare-related tasks. Promoting and maintaining good nutrition and hygiene behaviors.
- Behavioral Support
 - Put techniques into practice to control difficult behaviors and encourage constructive behavior support. DSPs can offer advice and guidance on methods for reducing stress, coping mechanisms, and various factors of mental health and wellness.
- Documentation
 - Keep thorough and precise documentation of everything performed, including incident reports, evaluations, and any necessary paperwork.
- Communication
 - To guarantee integrated treatment and individual well-being, working with the multidisciplinary team, which consists of caseworkers, psychologists, and medical specialists. DSPs are in responsible for informing clients about health issues and making sure they grasp their diagnoses and recommended courses of action.
- Crisis Intervention
 - Manage emergency circumstances with tact and responsibility, adhering to established procedures and making sure people are safe.
- Community Integration
 - To promote inclusivity and interactions with others, and assist people in taking part in hobbies or activities
- Reminds and assists clients with self-administration of medications (with proper training). This include teaching patients about possible adverse effects, the significance of taking medication as directed, and the overall influence on their health.

Meadowview Terrace of Wadesboro, Wadesboro, NC
Personal Care Assistant

June 2021 – October 2021

- Support for Everyday Activities
 - Assisted residents with activities of daily living, including bathing, dressing, grooming, toileting, positioning, and incontinence care.
- Health monitoring
 - Keeping updated on shifts in a person's physical or mental state and reporting them to relatives or medical specialists.
- Mobility Support
 - Assist anyone requiring assistance with transfers, ambulation, and using mobility devices like wheelchairs or walkers.
- Meal Preparation
 - Make meals according to personal tastes and dietary requirements. Offer assistance with feeding.
- Companionship
 - Offer people company and emotional assistance. Participate in interactions with others, discussions, and hobbies.
- Responded to the resident emergency call system.

ADDITIONAL RELEVANT EXPERIENCE

Volunteer, 19th INEBRIA Conference

September 2023

- **Technical Support**

- Offer assistance with technology during the conference
- **Information Desk**
 - Answer questions or concerns, give directions, and provide general support to conference participants by staffing an information desk.
- **Registration Assistance**
 - Welcome conference participants, hand out name badges and documents and answer any questions about registration.

LEADERSHIP EXPERIENCE

Senator, Graduate Student Association (GSA)
UNCG Public Health Education

October 2023 - Present

- **Representation**
 - Act as the voice for UNCG Public Health Education department.
- **Information Sharing**
 - Provide graduate students updates on GSA decisions, funding, events, and engagement possibilities.
- **Attendance**
 - Participate in all GSA meetings, such as committee and general body sessions

Secretary, Eta Sigma Gamma
Alpha Nu

November 2023 - Present

- **Record-keeping**
 - Ensure all meetings, events, and formal paperwork for the chapter are accurately recorded. Keeping attendance logs, meeting minutes, and other significant chapter documentation
- **Communication**
 - To help members communicate with one another, and collaborate effectively with other chapter officers. Inform members about events and announcements from the chapter. Communicating via emails
- **Compliance**
 - Make sure the chapter abides by the institution's bylaws as well as those of the national organization.
- **Reporting**
 - Compile periodic updates for meetings on chapter activity, attendance, and finances. If necessary, submit these documents to the national organization.
- **Membership Records**
 - Keep track of the chapter's membership data, which includes details on past, present, and future members. Make sure that the dues for membership are gathered and documented.

Research Committee, Eta Sigma Gamma
Alpha Nu

HARD AND SOFT SKILLS

- SPSS
- Microsoft Access
- Microsoft Excel

PROFESSIONAL CERTIFICATES

- CPR
- Public Health AmeriCorps: Psychological First Aid Training
- Citi Program: Human Research, Student Researcher Modules

PROFESSIONAL AFFILIATIONS

- **Member**, Psi Chi The International Honor Society in Psychology
- **Member**, Eta Sigma Gamma: National Health Education Honorary

April 2023

November 2023