Stage of Development Statement

The artifact included in this nomination packet is the Total Teen Program Manual. Total Teen was developed through the Comprehensive Healthcare for Adolescents Initiative (CHAI) project, on which Dr. Garney served as the Co-PI. Total Teen was developed through a collaborative design thinking process in spring 2021 and went through feasibility testing in spring 2022. The goal of Total Teen is to increase access to sexual and reproductive health services and mental health services, based on needs identified through an assessment implemented systems-wide in the clinic. When the adolescent patient completes the assessment, they receive risk scores for sexual health, mental health, and substance use. Based on these risk scores, they are able to complete a microvisit for sexual and reproductive health and/or behavioral health and receive referrals for full services, as necessary.

The project is currently undergoing pilot testing with additional clinics and recruitment of new sites for pilot testing in spring 2023 is in progress. The new sites include expansion to a large hospital system that includes a Title X clinic, additional school based health center locations, and a new clinic in south Texas. The data from feasibility and pilot testing show an increase in access to services for those who indicate a need for services and overall. With these promising results, the program will be proposed for rigorous testing funding.