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October 13<sup>th</sup>, 2021

Foundation for the Advancement of Health Education  
Dr. Mary K. Beyrer Graduate Scholarship Application

To the Dr. Mary K. Beyrer Graduate Scholarship Committee,

As the Community Health Director at Puente de la Costa Sur, it is my pleasure to recommend Elizabeth Riggall for the Dr. Mary K. Beyrer Graduate Scholarship. Puente is a non-profit that fosters wellness and prosperity in the San Mateo County South Coast communities by promoting and advocating for equitable access to education, health, and economic security. I have supervised her since July 2021 and have seen numerous cases of her abilities in her role as Puente's Community Health Navigator.

Elizabeth's consistency and hard work is inspiring. She has taken the lead on different projects and has successfully expanded one of our newest programs for older adults: 62+ Connection and Wellbeing to improve seniors' physical and mental wellness. Elizabeth's day-to-day tasks include dental clinic planning for adults and children, booking medical appointments and transportation, English/Spanish translation, coordinating vaccine clinics and creative problem solving. Through her various responsibilities she has always demonstrated empathy, self-motivation, and resourcefulness. She impressed me with her desire to attend different professional development opportunities such as the 2021 School Health Conference: Building Bridges to Healthy & Resilient Communities or the Managing with Cultural Agility: Supporting Your Staff and Colleagues workshop.

Elizabeth has my highest recommendation for the Dr. Mary K. Beyrer Graduate Scholarship. I am confident you will be just as impressed with Elizabeth's dedication as I am.

If you have any questions, please don't hesitate to contact me.

Sincerely,

Ophelie Vico  
Community Health Director

A handwritten signature in black ink that reads "Ophélie Vico". The script is fluid and cursive, with a large 'O' and a stylized 'V'.