



11/2/21

To Whom It May Concern:

I am pleased to write on behalf of Nidhi Patel for the Dr. Becky Smith scholarship from the Foundation for the Advancement of Health Education (FAHE). I have known Nidhi for the past two years as a student in the Department of Health Sciences – Health Promotion Program. Nidhi personally reached out to me about two years ago because of her passion related to Health Education. She indicated that she would like to be more involved in health education and health promotion and wanted opportunities to learn more about the profession. Since our initial meeting, Nidhi has demonstrated this passion for the discipline and for learning through her efforts in our health coaching program.

During the summer 2021 and fall 2021 semesters, Nidhi assisted with the development and implementation of numerous health screening events where we provided more than 500 screenings to over 200 student clients. She played a central role, where she assisted with various biometric assessments and consultation with student clients on their assessment outcomes. More recently, Nidhi assisted with an Interprofessional Education Event where students from Health Sciences and Exercise Sciences provided health screening and assessments for students enrolled in the Criminology program that were preparing for the Arkansas State Police Fitness Battery.

Inside and outside of the classroom, Nidhi is and has been a reliable student and professional in health education. She is passionate and committed to her professional growth. This has been evident in her work and dedication to various health education learning opportunities, both on and off campus. Nidhi is the kind of student that can maximize any opportunity and/or scholarship she receives related to her professional growth in Health Education. Because of continual commitment and passion for our discipline and her drive and willingness to actively engage in health education learning opportunities, I would like to recommend Nidhi Patel for the Dr. Becky Smith Scholarship from the Foundation for the Advancement of Health Education. If you have any additional questions, please feel free to contact me.

Sincerely,

Duston Morris

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