

November 8, 2021

Dear Colleagues:

It is with great alacrity that I write this positive letter of recommendation on behalf of Megan Williams for the Dr. Mary K. Beyrer Graduate Student Scholarship hosted through the Foundation for the Advancement of Health Education. To be as succinct as possible, I think Megan Williams possesses the ability to accomplish anything she desires. She epitomizes the model student through her dedication, leadership, exceptional service, and commitment to all that she does.

I have had the utmost pleasure in teaching, learning from, and working with Megan over the past 7 years at East Carolina University and at The University of Alabama. I got to know Megan as a student at East Carolina University. Megan is an excellent representative of the future of health education and promotion. I have taught Megan in the classroom and as part of a Study Abroad experience. As a student, Megan is in the **TOP ONE PERCENTILE**. She is extremely intelligent, an independent worker, an outside-of-the-box thinker, and the kind of student who helps everyone else excel. I had the opportunity to see Megan grow in the ECU MPH program where she worked as a Graduate Assistant for our North Carolina School Health Training Center and taught our Personal Health course. I was able to then recruit Megan to join the PhD program in Health Education and Promotion at The University of Alabama (UA) where she currently serves as graduate teaching and research assistant. She is actively enrolled in the second year of her PhD program at UA as a full-time student and has maintained a 4.0 GPA through her studies thus far.

If I had to identify one word that best depicts who Megan Williams is, that word would be a **LEADER**. She is a leader in and out of the classroom. Her organization, time-management, and communication skills are impeccable. Megan is a graduate student who is well beyond her years in maturity and knowledge.

I would also like to address the **CHARACTER** attributes that Megan possesses which make her a worthy candidate for this scholarship. She values others' opinions, practices the highest ethical standards, honors commitments, takes responsibility for her actions, and treats everyone fairly with trust and respect. As a student and worker, she takes pride in everything that she does, and it is displayed in her work.

I am **100% CONFIDENT** that Megan Williams will become one of the future leaders in health education and promotion, and it is with great enthusiasm that I recommend her for this scholarship without any reservations.

I could continue to exalt over Megan's abilities and accomplishments for pages and pages, but there are only so many ways to say the same thing....**MEGAN WILLIAMS TYPIFIES THE MODEL STUDENT, WORKER, AND HEALTH EDUCATION PROFESSIONAL.**

In closing, Vince Lombardi stated, "Leaders aren't born they are made. And they are made just like anything else, through hard work. And that's the price we'll have to pay to achieve that goal, or any goal." Megan Williams epitomizes this statement. Her tireless dedication, work-ethic, and maturity beyond her time make her an excellent representative of The University of Alabama and a desirable candidate for the Dr. Mary K. Beyrer Graduate Student Scholarship.

Should you have any questions, or need any other information about Megan, please feel free to contact me by phone at (205) 348-1010 or via e-mail at don.chaney@ua.edu.

Cordially,

A handwritten signature in red ink, appearing to read "J. Don Chaney", with a long horizontal flourish extending to the right.

J. Don Chaney, Ph.D., MCHES
Professor and Chair