Friday, November 13, 2020

To the Dr. Delbert Oberteuffer Scholarship Selection Committee,

I would like to take this opportunity to recommend Ms. Strong as a future recipient of the 2020-21 Dr. Delbert Oberteuffer Scholarship. As the chair of her doctoral committee, I am verifying that she currently has a 3.904 GPA and has completed 45 credit hours towards completion of the doctoral program in Health Education.

I have had the pleasure of knowing Michelle Strong since the fall 2018 academic semester where I had her as a student in my graduate Health Program Planning course. She first made a great impression on me by her professionalism and the quality of her presentations in my course. In my course, the students are given a number of assignments in which I have an opportunity to assess their writing, effort of research, and public speaking. These assignments helped me to learn about Ms. Strong, her style of writing, her desire to further her education during her doctoral program, and why and how she plans to contribute to the profession of Health Education, Promotion and Wellness. As her chair, I’m very excited for her research and scholarly journey.

Ms. Strong is a strong advocate of health and wellness in the military population. Through our conversations and projects, it is quite evident she aims to positively impact service members and their families. She has created multiple opportunities to begin this important work and plans to continue once she graduates. Her particular focus on military spouses and dependent children, as well as the military family as a unit, is refreshing and commendable.

Presently, Ms. Strong volunteers in myriad ways on the military installation—all of which address health and wellness within her community. Her varied background in exercise and fitness, as well as dance, and now health education, allows her to be effective in multiple health promotion undertakings. She is quick to volunteer her time and energy to a good cause and works hard to improve her community.

As long as I’ve known her, she has also been involved in working with children, either through dance or coaching activities. She often uses her knowledge of physical activity and dance as a means to begin discussions on health within youth populations. Additionally, she recently took on a new project working with military youth and helping them build resiliency skills for life. She has shared her vision for this program, and I have no doubt military youth will gain valuable information from her continued efforts.

If the Foundation for the Advancement of Health Education (FAHE) is seeking a diligent and driven candidate, I highly recommend Michelle Strong without any reservation! Her maturity, enthusiasm, and consistency will certainly enable her to make excellent use of this scholarship opportunity. If you have any questions regarding this recommendation, please do not hesitate to contact me.

Respectfully Submitted,

Ledric Sherman

Ledric Sherman, PhD, MA

Assistant Professor

Department of Health and Kinesiology

Texas A&M University

TAMU 4243

College Station, TX, 77843

lsherman@tamu.edu