



COLLEGE OF HEALTH
DEPARTMENT OF NUTRITION AND HEALTH SCIENCE

Muncie, Indiana 47306-2342
Phone: 765-285-5961

To whom it may concern:

I am writing to recommend Kaitlynn McIntyre for the Dr. Becky J. Smith Scholarship for the Advancement of Health Education. As the Primary Department Academic Advisor in Nutrition and Health Science, I served as Kaitlynn's academic advisor from 2018-2020. Kaitlynn is a highly motivated student at Ball State whose combination of academic and extracurricular accomplishments make her an excellent candidate for this award.

When I first met Kaitlynn, I was impressed by her outgoing personality, drive and commitment to academic excellence. Kaitlynn is an outstanding student in the department who excels in our program. She is not only an academically strong student, but is also involved in Eta Sigma Gamma, our Health Education honorary on campus. She currently serves as vice-president, and will be taking on the role of president in Spring semester. She takes on extra responsibilities including serving on the executive board and is always one of the first students to volunteer for new opportunities.

Kaitlynn is incredibly positive and encouraging to all those around her. She also is a hard worker who inspires others. Kaitlynn is an excellent student with a strong intellectual curiosity. She wants to make a difference; she is not only majoring in Health Education and Promotion, she is also completing a pre-med curriculum along with all her other commitments.

Kaitlynn is a highly motivated and dedicated student who will make great contributions to the health field. I highly recommend her for this scholarship. Please let me know if you have any questions.

Thank you,

Sarah Gremer

sarahgremer@gmail.com